



## Agenda

### Day 1

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#### 2:30-8:00 – **Introducing a Framework for Change**

- Analyze the Obstacles
- Practice Letting Go
- Know What You Want
- Make Yourself a Priority
- Small Group Activities
- Group Dinner

### Day 2

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#### 9:00-6:00 – **Focusing Efforts on Your Success**

- Executive Presence & Powerful Communications
- Selling Your Value to Others
- Influencing Skills
- Find Your Voice in Group Settings
- Difficult Conversations
- Focused Energy Produces Results
- 1:1 Coaching
- Small Group Activities
- Dinner on Your Own as a Group (without coaches)

### Day 3

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#### 9:00-12:00 – **Applying New Skills to the Real World**

- Declaring Victory
- Small Group Activities
- Sustaining Your Network
- Final Presentations
- Close & Next Steps

*The Power Camp topics and times may vary based on your group's needs and goals.*

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**Day 1 Introducing a Framework for Change** In a small group setting we explore powerful communication techniques, what it takes to expand your professional presence, and we brainstorm current business scenarios. Based on input from the group, we customize the Agenda to focus on topics that matter most to you and the group. Our discussions become a baseline from which to work.

**Day 2 Focusing Efforts on Your Success** On the second day of Power Camp, we focus on how to influence 'up' the organization, how to help you promote your accomplishments without sounding arrogant or like your bragging, and we leverage a tool to help you find your voice in difficult situations or group settings, where it's easy to get lost in the crowd. We talk about the importance of making you a priority and how to set boundaries and say 'no' and still appear professional. A key focus of Day 2 is helping you discover which new skills fit your style best. We identify the steps to help you shift behaviors and achieve your goals.

**Day 3 Applying New Skills to the Real World** You will make short and long-term commitments to your own personal and professional growth. Your peers will continue to support you and hold you accountable.



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